



## KEY AREAS OF FOCUS:

- MEMBERSHIP DRIVE
- REGULAR MONTHLY ACADEMIC ACTIVITIES
- STARTING SPECIALITY COURSES
- SUBMITTING MONTHLY ACTIVITY REPORT

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## Editorial



In June, we witnessed re-launching of one of the most dear programs of IMA – the “Aao Gaon Chalen” project. Guided by our visionary leader and Chief Patron, **Dr. Ketan Desai**, this program was taken up on an unprecedented scale all over the country under the dynamic leadership of our National President, **Dr. Sharad Kumar Agarwal**. Villages were adopted in rural areas and slums in urban regions to support the health of the common man and we are grateful to our Honorary Secretary General, **Dr. Anil Nayak** for the meticulous planning and coordination in rolling out this flagship program.

We conducted a webinar on a very common medical problem—Bronchial Asthma which was well

attended and covered both the adult and pediatric perspectives. We began planning for the Annals of IMA AMS along with our editorial team. There were meetings held for upgrading our office software to cater to the members in a more efficient manner. We are thankful to our Honorary finance Secretary, **Dr. Shitij Bali** for all his support and guidance.

We are very pleased to see the spurt in academic programs all across the country and thank all the State IMA AMS units for their efforts. We request them to diversify the programs to include CMEs, journal clubs, debates, quizzes and innovate to attract the members to attend them. We request the state units to actively take up the membership drive and we have specifically prepared an appeal letter and

IMA AMS brochure for the same.

We have prepared material for new courses to be started and these will be rolled out shortly. We earnestly urge all to spread this information across the country and start courses in your states.

We are immensely privileged to have a dynamic Chairman like **Dr. Pankaj Mutneja** who guides us very meticulously and encourages us to do more. A heartfelt thanks to all the Office bearers of IMA HQs and IMA AMS for their constant support, useful suggestions, constructive criticism and constant encouragement. The strength for all our activities comes from our members and we are indebted to them for their participation and support.

Long live IMA!

**Dr. Srirang Abkari**  
Hony. Secretary, IMA AMS

## Message: Dr. Utture Shivkumar S, National Vice-President, IMA HQs



Knowledge is the essence of progress in any profession and an essential tool in the armamentarium of the Medical Professional. The regular publication of IMA AMS e-Newsletter to showcase the activities of IMA AMS is indeed a worthy endeavour of the AMS Team. Encouraging every

State and Local AMS branch to take forward the ethos of IMA AMS is reflected in every e-Newsletter of IMA AMS. Indeed, the work done by AMS HQ is praise worthy and efforts taken by the Team led by Chairman Dr. Pankaj Mutneja and Secretary Dr. Srirang Abkari will go a long way in spreading the light of knowledge to all IMA Branches and at the same time help in increasing the membership

strength. My best wishes to the Editorial Team to continue their work both towards disseminating knowledge through high quality education programmes and fellowship courses which would go a long way in empowering our members.

Long Live IMA

**Prof. Dr. Utture Shivkumar S**  
National Vice President 2023-24  
IMA HQ

## Chairman Speaks



It gives me great pleasure to see yet another issue of IMA AMS Newsletter. It beautifully reflects the activities of IMA AMS throughout the country and is a tribute to the hard work done by all the states.

The state activities have been steadily increasing and we can feel the quest for academics in all our colleagues. We have taken great efforts to develop new modules for AMS courses and they will be rolled out soon.

We request all the States to actively take up the membership drive and conduct regular academic programs. We are adding novel sections to the newsletter for the benefit of the readers and "New Drugs" is a welcome addition. We are grateful to the National IMA HQs Leadership for their constant support and guidance.

Long live IMA!

**Dr. Pankaj Mutneja,**  
Chairman, IMA AMS Hqrs



**OUR DYNAMIC TEAM IMA AMS**



**On 27th June 2023:** IMA AMS Hqrs conducted a live webinar on "Bronchial Asthma" on 27th June 2023 at 8:00 pm. Session 1: Bronchial Asthma in Adults by Dr. Pradyut Waghay, MD (Chest), FRCP London (UK), FCCP (USA), FAMS (India), Chairpersons were Dr. Pankaj Mutneja, Chairman IMA AMS Hqrs & Dr. Nibedita Pani, Vice Chairman IMA AMS Hqrs. Session 2: Bronchial Asthma- A Paediatric perspective by Dr. Pritesh Nagar, MD, Paediatrician, Hyderabad. Chairpersons were Dr. E. Ravindra Reddy, Past National Vice President IMA & Dr. Nomeeta Shiv Gupta, Chairman Elect IMA AMS. The program was well attended and had good interactions.

*"The more that you read, the more things you will know, the more that you learn, the more places you'll go." – Dr. Seuss*

## "Yoga for Vasudhaiva Kutumbakam"



धैर्यं यस्य पिता क्षमा च जननी शान्तिरिहं गेहिनी  
सत्यं सूरुरयं दया च भगिनी भ्राता मनः सयमः।  
शय्या भूमितलं दिशोऽपि वसनं ज्ञानामृतं भोजनं  
एते यस्य कुटुम्बिनः वद सखे कस्माद् भयं योगिनः॥

*By regularly practising Yoga, a person can imbibe some very good qualities like courage which protects like a father, forgiveness as possessed by a mother & mental peace which becomes a permanent friend.*

*Through regular practise of Yoga truth becomes our child, mercy our sister, self-control our brother, the earth becomes our bed & knowledge satiates our hunger.*



## IMA AMS HQs ACTIVITIES

**7<sup>th</sup> June 2023:** National President IMA Hqrs, Dr. Sharad Kumar Agarwal gave a prime talk on Facebook live on 7<sup>th</sup> June 2023. Dr. Pankaj Mutneja, Chairman IMA AMS Hqrs, Dr. Srirang Abkari, Secretary IMA AMS Hqrs have participated in the programme.

**21<sup>st</sup> June 2023:** International Day of Yoga with the theme "Yoga for Vasudhaiva Kutumbakam" was observed and the message of practicing Yoga for good health was spread.

**25<sup>th</sup> June 2023:** Inauguration of **Aao Gaon Chalen** project by IMA Hyderabad City Branch 25th June 2023. A slum was adopted and Medical Camp was conducted. Dr. Srirang Abkari, Hony. Secretary IMA AMS Hqrs and other office bearers participated.

**BLOCK YOUR DATES: 23<sup>rd</sup> & 24<sup>th</sup> SEPTEMBER, 2023**

**ANNUAL CONFERENCE OF IMA AMS - AMSCON 2023, AT CALICUT, KERALA**

# IMA AMS STATE BRANCH ACTIVITIES

## IMA AMS TAMIL NADU:

**2<sup>nd</sup> June 2023** : Pulmonology virtual CME by IMA-AMS Tiruppur, on Management of Common Respiratory Infections by Dr. S. Manojkumar and overview in the Management of Bronchial Asthma and Pulmonary TB by Dr. Sivashanmugam. Attended by around 250 members.

**3<sup>rd</sup> June 2023:** IMA-AMS Coimbatore, conducted Hands on Laproscopic Workshop and five surgeries were demonstrated.

**12<sup>th</sup> June 2023:** Symposium on Advances in Cardiology: Pacing Speakers included Prof. Dr. V. Amuthan, Prof. Dr. S. Balasubrama-

nian, Prof. Dr. M. Natarajan, Prof. Dr. P. Shunmugasundaram.

**14<sup>th</sup> June 2023:** Video clipping was released by IMA AMS TNSB to celebrate World Blood Donor Day. IMA-AMS TNSB, State Secretary, Dr .V. Rajesh Babu donated blood.

**17<sup>th</sup> June 2023:** IMA-AMS, Tamil Nadu state branch conducted the **AMSTNSBICON 2023**, along with IMA-AMS coimbatore. One day live/hybrid mode at Karpagam Medical College and Hospital, Coimbatore. Dr. KM Abul Hasan talked on Power of doctors. Dr. T. Arun Kumar talked on Pediatric vaccination in office practice. Dr. A. Jayavardhana - Formula for cough management in

practice. Dr. KM. Abul Hasan - Prevention of violence in medical profession. Dr. D. Parameshvaran - Diabetic complications. Dr. Balu kuppusamy - Proctology update for non- surgeons. Dr. P Vivekandanandan - Do's and don'ts in the management of Snake bite. Dr. Uvaraj Muruganandam - Poisoning and Toxicology approach and basic management. Dr. T. Saravanan - Complete blood count- the count that counts. Dr. Suganthi Natarajan - POCs and its management. Dr. N. Vijayalakshmi - Evaluation of Recurrent pregnancy loss. Dr. T. Nandha Gopal - Latest in wound management. Dr. Su-

mitha Sankar - Role of ultrasound in clinical practice. Workshops by Dr. R. Ravindhara Barathi - How to put knots. Dr. R. Kannan - How to put suture. Dr. V. Arul Jothi - Best practice in cannulation. Dr. V. Rajesh Babu - Managing IV complications and Maintenance of normothermia. Dr. Piyush Patva - Technique of Laparoscopy suturing. Dr. K. Senthil Kumar - Technique of Laparoscopic knotting. Dr. Karthickannamali - BLS and ACLS, Attended by 785 IMA members.

**19<sup>th</sup> June 2023:** Continuation of AMSTNSBICON 2023; Current Concept in Systemic Hypertension by Dr. P. Jambulingam. Dr. MG Binu - Dengue fever. Dr. T Saravanan - Anemia in Diabetes.

**20<sup>th</sup> June 2023:** Dr. SR. Krishnamoorthi - Surgery for Cancer Breast. Dr. Aswin Thangavelu - Role of Laparoscopy in surgery. Dr. S.Natarajan - Fistula in Ano. Dr. KS.Venkatesh - Saving Kidneys in Renal Tumors.

**21<sup>st</sup> June 2023:** Dr. V.R. Ravikumar - Common Pediatric surgical problems in office practice. Dr. Nandhini Kumaran - Common Infections in children in office practice. Dr. A. Jaleel Ahamed - A 2 Z neonatology in office practice.

**22<sup>nd</sup> June 2023:** Dr. R. Mononmani - Latest Recommendation by Government in the field of Obstetrics and Gynaecology. Dr. Seethapanikar - Novel view of Gynecological problems-What is New ?

**23<sup>rd</sup> June 2023:** Prof. Dr. N. Manikandan - Outline on arthritis and management of knee arthritis. Dr. S. C. Vishnu Prasath - Outline on back pain and it's management. Dr. Karu Shanmuga Karthikeyan - Outline of Osteoporosis and it's management .

**24<sup>th</sup> June 2023:** REGIONAL ANAESTHESIA WORKSHOP was conducted.

**25<sup>th</sup> June 2023:** Hands on Workshop on critical care.

## ORISSA IMA AMS:

**10<sup>TH</sup> JUNE 2023:** Monthly CME on Essential Newborn Care and Vedic Concept of Saptamaaryada for Humanity & Bhaktiyoga as per Bhagabat Geeta by Dr. Aditya Mohapatra and Dr. Bharadwaj Mishra.

## ANDHRA PRADESH IMA AMS:

**30<sup>th</sup> June 2023:** CME on Are we safe with the prevailing food safety standards, Recent advances in Bronchial Asthma management, Autism Spectrum Disorder, A Challenge for Parenting, Current Practices in Blood banking. Speakers: Dr A. Aditya Satya Prasanna, Dr Praveenath Ghanta, Dr M Vijayalakshmi and Dr A Sugandhi.

## CHATTISGARH IMA AMS:

**23<sup>rd</sup> June 2023:** CME on Fertility Preservation by Dr. Sangeeta Sinha. Lap. Gynaecologist & Infertility Specialist.

## MAHARASHTRA IMA AMS:

**21<sup>st</sup> June 2023:** IMA AMS Akhuj Branch conducted CME on Haematology in Day to day practice, Management of Diabetic Nephropathy, Head and Neck Cancer Awareness by Dr. Aniket Mohite, Dr. Ranjeetsingh P. Dalvi, Dr. Vidita Powale.

## KERALA IMA AMS:

**19<sup>th</sup> June 2023:** AMS Trivandrum Chapter organized Practice Changing update on "ANTIBIOGRAM: PRIMER FOR PHYSICIANS" by Dr. Shareek P S., Infectious Diseases Consultant.

**22<sup>nd</sup> June 2023:** CME on Short Febrile Illness - Epidemiology & Current Concerns, Diagnosis & Treatment of Short Febrile Illness by Dr. Althaf A, Dr. B. Padmakumar. Inaugurated by Dr. Sulphi N, State President .

**26<sup>th</sup> June 2023:** AMS Trivandrum Chapter, conducted the journal club on Evaluation of immune response to single dose of quadrivalent HPV vaccine at 10-year post-vaccination. Presenter was Dr. Hannabi Hashim Kutty. The coordinators were Dr. A. Padmanabhan, and Dr. Anju. K. Kanmani.

**"Education is the ability to listen to almost anything without losing your temper or your self-confidence."**  
— Robert Frost



**Dr. Shivakant Misra, Dr. Mandeep Singh & team IMA AMS Uttar Pradesh** for the highest new AMS Membership of 37 members in June 2023.

# STATE BRANCH ACTIVITIES

## TELANGANA IMA AMS:

**8<sup>th</sup> June 2023:** CME on Targeted Therapy In Brain Tumors and Update on the occasion of "WORLD BRAIN TUMOR DAY" Speakers: Dr. C. Sairam & Dr. Sankalp Naidu.

**21<sup>st</sup> June 2023:** CME on Relevance of Yoga to Clinical Practitioners today on the occasion of "YOGA DAY" Speaker- Dr. Veronique Nicolai, French Paediatrician Global Director, Yoga Academy the Heart-

fulness institute heading Yoga Programmes in India & Abroad. Moderator: Dr. Indira Pavan .

**25<sup>th</sup> June 2023:** CME on "Updates in the Management of Vitiligo" on the occasion of "WORLD VITILIGO DAY" Aetiopathogenesis & clinical features of vitiligo, Medical management, Surgical and device based management. Approach to management of vitiligo. Speakers: Dr. K. Rajyalaxmi, Dr. C. Sudharani, Dr. Raj Kirit E.P.,

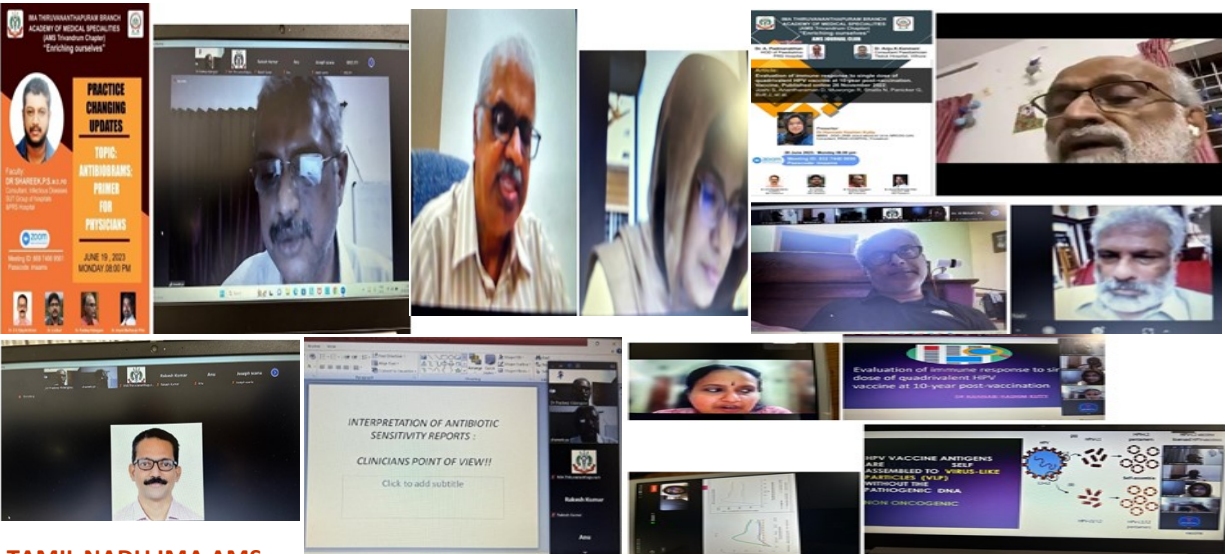
Moderator: Dr. Nayeem Sadath Haneef, Panelists: Dr. K. Rajyalaxmi, Dr. C. Sudharani, Dr. Raj Kirit E.P.

**30<sup>th</sup> June 2023:** CME on "Drug Abuse & Illicit Trafficking" Speakers: Dr. Minhajafar Nasirabadi.



**THREE CHEERS TO  
IMA AMS  
TAMIL NADU  
CHAPTER  
FOR MAXIMUM  
ACADEMIC  
PROGRAMS !!!**

## KERALA IMA AMS



**JOIN  
AN  
IMA AMS  
COURSE  
TODAY !**

## TAMIL NADU IMA AMS

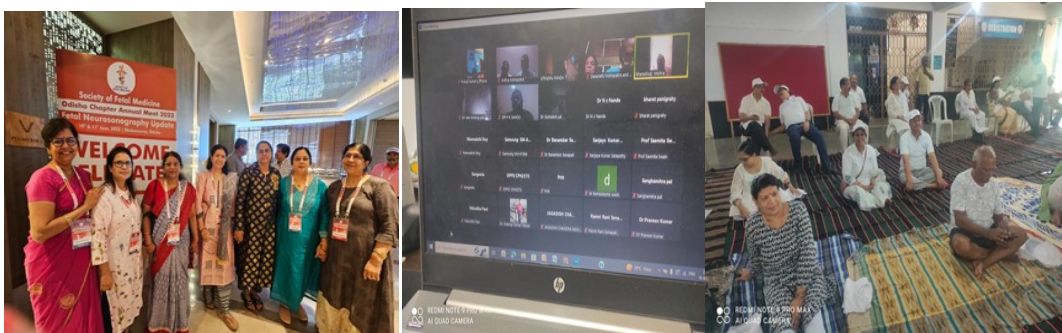


# STATE BRANCH ACTIVITIES

## UTTAR PRADESH IMA AMS



## ORISSA IMA AMS



## NEW DRUG:

## XACDURO

(SULBACTAM, DURLOBACTAM)

**Indication:** To treat hospital-acquired bacterial pneumonia and ventilator-associated bacterial pneumonia caused by susceptible isolates of *Acinetobacter baumannii*-calcoaceticus complex

**Mechanism of Action:** it is a co-packaged product containing sulbactam, a beta-lactam antibacterial and beta lactamase inhibitor, and durlobactam, a beta lactamase inhibitor.

Sulbactam kills *A. baumannii* whereas durlobactam protects sulbactam from being degraded by enzymes that may be produced by *A. baumannii*.

**Adverse reactions:** Liver function test abnormalities, diarrhea, anemia, and hypokalemia.

**Warnings and Precautions:** Hypersensitivity reactions and Clostridioides, difficile-associated diarrhea.

**Dosage:** Administer XACDURO (1 g of sulbactam, 1 g of durlobactam) every 6 hours by intravenous (IV) infusion over 3 hours in patients with creatinine clearance (CLcr) of 45 to 129 mL/min. (2.1). The recommended duration of treatment with XACDURO is 7 to 14 days.

**Drug Interactions:** Concomitant administration with OATI inhibitors may increase plasma concentrations of sulbactam. (e.g., probenecid).

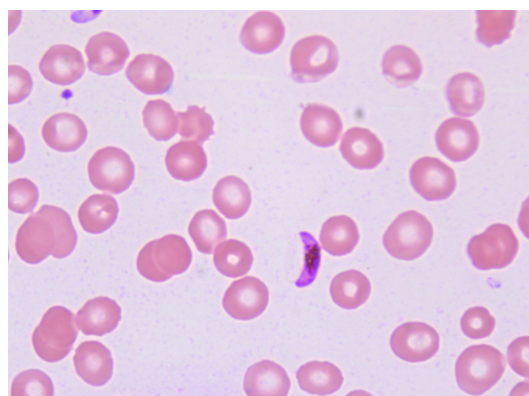
## CHATTISGARH IMA AMS



## CHANDIGARH IMA AMS



## IMAGE CHALLENGE



### What is the diagnosis?

- \* Email your answer to [imaamshyd@gmail.com](mailto:imaamshyd@gmail.com)
- \* Correct answer & winners will be announced in the next issue.
- \* Answer for previous ECG Image Challenge - "IVORY VERTEBRA"

### TARIFF FOR ADVERTISEMENT IN NEWSLETTER

Full page	Rs 10,000/- + 18% GST
Half Page	Rs 5,000/- + 18% GST

Please e-mail your advertisement for publication in the National IMA AMS Newsletter to [imaamshyd@gmail.com](mailto:imaamshyd@gmail.com) and send your cheque / DD drawn in favor of "IMA-AMS" payable at Hyderabad.



# IMA AMS

## Head Quarters Hyderabad

(Under the auspices of Indian Medical Association)



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### INDIAN MEDICAL ASSOCIATION

"One for All - All for One".... a cohesive, collective, enhance, communicative approach to break all sectorial walls and bring all clinicians at one platform to help in building a Healthy Nation



### IMA PRIME TALK

- ◆ Request all to join for IMA PRIME TALK by our beloved National President, Dr. Sharad Kumar Agarwal.
- ◆ Follow IMA on Facebook, Twitter, Instagram. Subscribe IMA You tube Channel. Let us create 2 million followers on our social media platforms and strengthen IMA.

## IMA AMS MEMBERSHIP

(as on 15<sup>th</sup> August 2023)

- ◆ 20 State Chapters
- ◆ 198 Branch Chapters
- ◆ 17235 Life Members
- ◆ 2582 Fellows
- ◆ New Members in June 2023: 72

## IMA THEME 2023

**"ONE FOR ALL – ALL FOR ONE" .... a cohesive, collective, enhance, communicative approach to break all sectorial walls and bring all clinicians at one platform to help in building a Healthy Nation.**

***"The roots of education are bitter, but the fruit is sweet."* – Aristotle**

**Indian Medical Association**





**Shri Narendra Modi Ji**  
Hon'ble Prime Minister



**Dr. Mansukh Mandaviya Ji**  
Hon'ble Health Minister

*Thanks*

We profusely thanks Hon'ble Prime Minister Shri Narendra Modi Ji & Hon'ble Health Minister Dr. Mansukhbhai Mandaviyaji for keeping in abeyance the Gazette Notification of " National Medical Commission Registered Medical Practitioners (Professional Conduct) Regulations 2023.

  
Dr. R.V. Asokan  
President Elect

  
Dr. Sahajanand P Singh  
Imm. Past President

  
Dr. Sharad Agarwal  
National President

  
Dr. Ketan Desai  
Chief Patron, IMA  
Past President  
WMA, IMA, MCI

  
Dr. Anil J Nayak  
Hony Secretary General

  
Dr. Shitij Bali  
Hony Finance Secretary

**WORLD PATIENT SAFETY DAY - 17<sup>TH</sup> SEPTEMBER 2023**



**Elevate the  
voice of Patients  
for patient safety**





**SLOGAN FOR MEMBERSHIP DRIVE - IMA AMS**

# "EACH ONE BRING ONE"