



# IMA AMS Newsletter

VOLUME 1, ISSUE 1

JANUARY 2024

## KEY AREAS OF FOCUS:

- MEMBERSHIP DRIVE
- REGULAR MONTHLY ACADEMIC PROGRAMS
- STARTING SPECIALITY COURSES
- MONTHLY ACTIVITY REPORT
- NEW BRANCH CHAPTERS

## INSIDE THIS ISSUE:

- CHAIRMAN SPEAKS; IMA AMS HQRS ACTIVITY 2
- AMS STATE ACTIVITY 3
- MEMBERSHIP IMAGE CHALLENGE 3
- PHOTOS STATE IMA AMS 4,5
- APPEAL FOR NEW BUILDING FUND 6
- AMS COURSES 6
- COVID MARTYRS' DAY 6
- DRUG UPDATE 6

## Editorial



As the new year ushers in, we happily reflect on the significant events of the previous year.

With 1267 new members, 221 academic programs all across the country, we have had the best ever numbers. We could add 1 state chapter, 14 new branch chapters, nine new IMA AMS course centres and created 7 new course modules. We started the IMA AMS Newsletter for the first time. We have released two issues of Annals- **Acute Coronary Syndrome** during AMSCON at Calicut and **Geriatric Medicine** at NATCON, Kovalam. They were very well received and appreciated.

We have taken many steps to improve our IMA AMS Head office infrastructure, our efficiency and also measures for staff welfare. These have been possible with all your support and cooperation.

We thank **Dr. Sharad Kumar Agarwal** and **Dr. Pankaj Mut-**

**neja** for their dynamic leadership during the previous year.

We very warmly welcome **Dr. RV Asokan** as our National IMA President and **Dr. Nomeeta Shiv Gupta** as our National Chairman, IMA AMS. Under their guidance and inspirational leadership we look forward to continue our hardwork and reach greater heights.

We earnestly appeal to all states and union territories to start a membership drive, open new branch chapters, conduct atleast 2 academic programs per month and send your activity reports so that they can be included in the newsletter.

We have included details of IMA AMS courses and would be happy to help you in starting them.

We are grateful to our Chief Patron **Dr. Ketan Desai** for his visionary leadership and blessings in all our activities. Our sincere thanks to **Dr. Anilkumar J Nayak** our very able Hony. Secretary General, for his unstinted support and **Dr. Shitij Bali**, our astute Hony.

Finance Secretary for the help and valuable advice at all times.

We are successful due to the efforts of our entire IMA AMS team comprising all the National Office bearers and the State office bearers of IMA AMS.

Our readers give us the strength and encouragement to do more and we are thankful for their feedback.

We sincerely request you to voluntarily for the construction of our **New IMA Building at New Delhi** and have included the details for the same.

Let us honour our colleagues who sacrificed their lives by paying our respects to them and observing 30th January as **Covid Matrys' Day**.

Wishing you and your family a very Happy, Peaceful and Prosperous New Year 2024!

Long live IMA!

**Dr. Srirang Abkari**  
Hony. Secretary  
IMA AMS, Hqrs.

## Message: National President, IMA



Dear Dr Srirang Abkari,

IMA AMS has been functioning seamlessly. The efforts

that are being taken to galvanise the system are relevant and purposeful.

IMA AMS is a platform with huge potential to expand.

I'm confident that the new team headed by Dr Nomeeta Gupta will push the horizon further.

Find paths where there are no paths.

I wish you and your team all the best through this news letter.

**Dr. RV Asokan**  
**National President**  
PUNALUR  
29-01-2024

# National Chairman Speaks



**OUR DYNAMIC  
IMA AMS TEAM**



Respected Members,  
**Happy New Year!**

I am very happy to wish all our esteemed members a very Happy New Year and Best Wishes for year 2024.

Through this letter we would like to keep you informed about all our past activities at all state levels and also keep you informed about the forthcoming programmes.

We, from the office hope for maximum participation and also to take on the membership drive on a personal note.

Thanking one and all.

**Dr Nomeeta Gupta**  
Chairman,  
IMA AMS Hqrs

# IMA AMS HQRS Activities

**3<sup>rd</sup> December 2023:** Dr. Pankaj Mutneja and Dr. Srirang Abkari, attended the National Health Summit at New Delhi and were present when the **“Delhi Declaration”** on violence against doctors was released.

**16<sup>th</sup> December 2023:** IMA AMS Jharkhand State conducted Annual State Conference at Dhanbad. As the Chief Guest, Dr. Pankaj Mut-

neja, Chairman IMA AMS Hqrs graced the event.

**21<sup>st</sup> Dec 2023:** Attended virtual meeting by National IMA on decriminalisation of medical profession.

**26<sup>th</sup> Dec 2023:** IMA Trivandrum Branch conducted Pre-Conference Workshop on Basic Trauma Life Support at PRS Hospital,

Trivandrum. Dr. Srirang Abkari, inaugurated the BTLS workshop.

**27<sup>th</sup> & 28<sup>th</sup> Dec 2023:** NATCON-2023 was held at Kovalam, Kerala. Dr. Pankaj Mutneja, & Dr. Srirang Abkari, attended CWC meeting, Activity Report of IMA AMS Hqrs was submitted. Release of **IMA AMS Annals on Geriatric Medicine** by Dr. Sharad Kumar Aggarwal, National President IMA Hqrs.



**JOIN IMA AMSTODAY !**

# State IMA AMS Activities

## IMA AMS KARNATKA:

**4<sup>th</sup> Dec 2023:** AIDS awareness program was conducted.

**7<sup>th</sup> Dec 2023:** CPR workshop was conducted at Al Ameen Medical College, Bijapur.

**21<sup>st</sup> Dec 2023:** Virtual CME on “Over view of Management of Cancer Prostate” by Dr. Uttam Mete, Senior Urologist.

## IMA AMS KERALA:

**4<sup>th</sup> Dec 2023:** Virtual CME in

connection with World AIDS day on “Post exposure prophylaxis of HIV” by Dr. Shylaja, - IMA AMS Nemom Branch.

**14<sup>th</sup> Dec 2023:** Virtual CME on “Hemorrhagic Stroke “ by Dr Ajayakumar, - IMA AMS Nemom Branch.

## IMA AMS TAMIL NADU:

**6<sup>th</sup> Dec 2023:** CPR Training for all non-medical Managers and all non-medical Staff, at Ganga Medical Centre and

Hospitals , Coimbatore by Dr. V. Rajesh Babu, & Dr. R. Kannan.

**9<sup>th</sup> Dec 2023:** CME on occasion of National Epilepsy Day by Dr. K. Malcolm Jeyaraj on “Intractable Epilepsy” & Dr. V. Rohit on “Antero medial temporal lobectomy”, attended by 420 people.

## IMA AMS ORISSA:

**9<sup>th</sup> Dec 2023:** Virtual CME on “Pacemaker Basics” by Dr. Dibyaranjan Behera, Cardiologist.

*“Success is getting what you want, happiness is wanting what you get.” - W. P. Kinsella*

## IMA AMS HARYANA:

**11<sup>th</sup> Dec 2023:** CME on “Recent advances in medical management of Migraine” by Dr. Manish Mahajan & “Role of Neuromodulation in Migraine Management” by Dr. Sumit Singh in association with IMA Gurugram Branch.

**17<sup>th</sup> Dec 2023:** IMA AMS Haryana State conference in association with IMA Gurugram Branch was held. Theme : Non-communicable diseases, Oration on NMC 2023, What has changed? Over

250 delegates attended.

## IMA AMS JHARKHAND:

**IMA AMS Jharkhand State Annual Conference** at Dhanbad. Inaugurated by Chief Guest Dr. Pankaj Mutneja, Chairman IMA AMS Hqrs. Excellent Scientific program, lectures by eminent faculty from various specialties, release of Souvenir.

## IMA AMS MADHYA PRADESH:

**16<sup>th</sup> & 17<sup>th</sup> Dec 2023:** Basic and advanced course in Diabe-

tes ABC Diabetes 2023 conducted in association with IMA Jabalpur.

## IMA AMS CHANDIGARH:

**27<sup>th</sup> Dec 2023:** Virtual CME on Violence against Doctors; Etiology, pathogenesis & Treatment by Dr. Neeraj Nagpal.

## Image Challenge

Email your answers to [imaamshyd@gmail.com](mailto:imaamshyd@gmail.com)



## Membership Details

(As on 31st Dec 2023)

- ◆ 20 State Chapters
- ◆ 212 Branch Chapters
- ◆ 17,702 Life Members
- ◆ 2617 Fellows



**CONGRATULATIONS**  
Team IMA AMS Maharashtra  
for maximum membership in  
December 2023

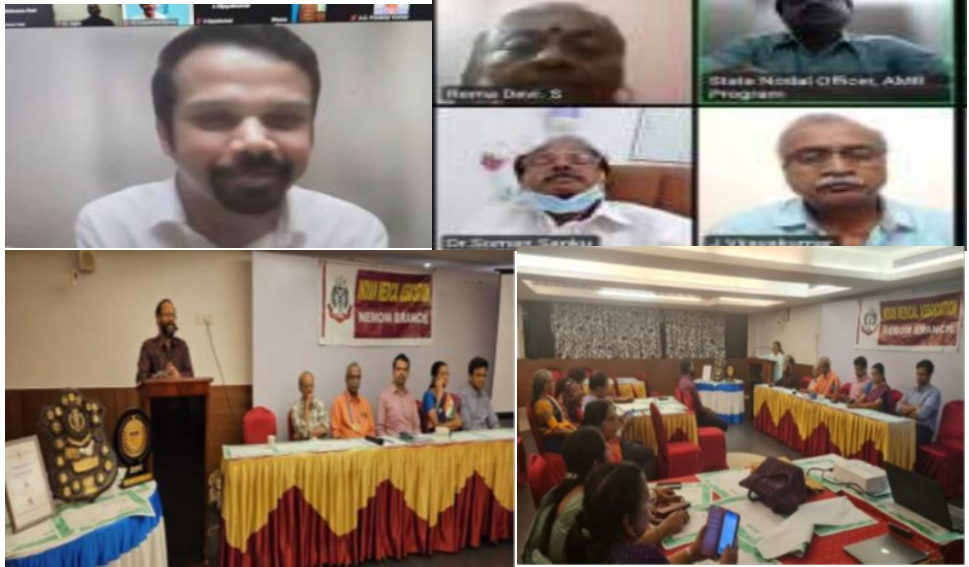
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# KERALA IMA AMS



*“Experience is a hard teacher because she gives the test first, the lesson afterwards.”*  
 —Vernon Sanders Law

# TAMIL NADU IMA AMS



*“When you give joy to other people, you get more joy in return. You should give a good thought to happiness that you can give out.”*  
 - Eleanor Roosevelt

# MADHYA PRADESH IMA AMS











## IMA AMS

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Hyderabad

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## APPEAL

A new National IMA Building at New Delhi is planned to be constructed at the same premises. As decided in the CWC Meeting at Kovalam, Kerala, we sincerely appeal to all the members to voluntarily contribute a minimum amount of Rs 1000/- for our new building. This building will be inaugurated during the centenary celebrations of IMA in 2028. All those who wish to contribute more are welcome. You can also avail 80G benefit for your donation.

The Bank details are given below:

**Name of Account: IMA New Building**

**Name of Bank: Canara Bank**

**Address : C R Building, I P Marg, New Delhi-110002**

**Account No :1101-6231-6706**

**IFSC Code : CNRB0019067**

**“DONATION LINK AVAILABLE ON IMA WEBSITE”**

## IMA AMS COURSES

IMA AMS conducts courses in medical specialties with sole intention of improving knowledge and skills of medical professionals in their respective fields. The duration of course varies from 6 months to one year. These courses, however, are not recognized by NMC/MCI and Doctors undertaking these courses are not permitted to claim themselves as specialist or to display these certificates as additional qualification. While conducting the courses the following pattern of revenue sharing has been adopted.: 30% share to IMA AMS Headquarters, 40% share to Academic Centre conducting the course, 30% share IMA AMS State. The details of the courses are available on our website.

## NEW DRUG UPDATE - IPTACOPAN

### Indication:

Treatment of adults with paroxysmal nocturnal hemoglobinuria (PNH)

### Mechanism of Action:

Iptacopan binds to Factor B of the alternative complement pathway and regulates the cleavage of C3, generation of downstream effectors, and the amplification of the terminal pathway. In PNH, intravascular hemolysis (IVH) is mediated by the downstream membrane attack complex (MAC), while extravascular hemolysis (EVH) is facilitated by C3b opsonization. Iptacopan acts proximally in the alternative pathway of the complement cascade to control both C3b-mediated EVH and terminal complement-mediated IVH.

### Warning:

**Serious Infections caused by encapsulated bacteria.**

**Iptacopan**, a complement inhibitor, increases the risk of serious infections, especially those caused by encapsulated bacteria, such as *Streptococcus pneumoniae*, *Neisseria meningitidis*, and *Haemophilus influenzae* type B. Life-threatening and fatal infections with encapsulated bacteria have occurred in patients treated with complement inhibitors.

Patients receiving **Iptacopan** are at increased risk for invasive disease caused by encapsulated bacteria, even if they develop antibodies following vaccination. Monitor patients for early signs and symptoms of serious infections and evaluate immediately if infection is suspected.

Vaccinate patients against encapsulated bacteria, including *Streptococcus pneumoniae*, *Neisseria meningitidis* (serogroups A, C, W, Y and B), and *Haemophilus influenzae* type B, according to current ACIP recommendations at least 2 weeks prior to initiation of **Iptacopan**

If urgent therapy is indicated in a patient who is not up to date with vaccines for *Streptococcus pneumoniae*, *Neisseria meningitidis*, and *Haemophilus influenzae* type B according to ACIP recommendations, provide the patient with antibacterial drug prophylaxis and administer these vaccines as soon as possible.

**Iptacopan** increases total cholesterol, LDL-cholesterol, and serum triglycerides.

### Dosage:

Recommended dosage is 200 mg orally twice daily without regard to food.

## COVID MARTYRS' DAY 30<sup>th</sup> JANUARY 2024

**INDIAN MEDICAL ASSOCIATION**

**COVID MARTYRS' DAY** 30<sup>th</sup> JAN 2024

**IMA Pays Homage to 2000+ Doctors Who sacrificed their Lives during Covid pandemic.**

**Dr. R. V. Asokan**  
National President

**Dr. Ketan Desai**  
Chief Patron  
Past President  
WMA, MCI & IMA

**Dr. Anilkumar J. Nayak**  
Hon'ry. Secretary General